



A S P E C T S

D A Y S P A



*Feel good inside  
look good outside*



# ASPECTS DAY SPA

Aspects Day Spa is situated in the heart of Queenstown.

Our Day Spa will provide you with the space to relax & enjoy yourself, away from your everyday routine & ever increasing frantic lifestyle, while also completing the necessary treatments to look after your body & skin.

Be it soothing massages, beautifying facials, rejuvenating body wraps or providing for your everyday essential beauty care.

- ~ Our massages will relax, de-stress, reinvigorate or ease pain.
- ~ Our facials can be targeted to any specific issues you may have or provide your skin with extra nourishment while providing you with some relaxing time out.
- ~ Our exfoliation & body wraps can improve skin texture, tone & suppleness.
- ~ Your hands & feet work the most for you so take some time for a rejuvenating manicure & pedicure.
- ~ Everyday essentials can also be taken care of, such as tinting, waxing & make-up.
- ~ Not sure what you want or need? Talk to us & be guided by our internationally qualified therapists.

All of our treatments are suitable for both men & women. Whether you are by yourself, with a friend, partner or group, we will look after you.

At Aspects Day Spa we recognise the need for quality products & treatments to get the best results for you & as such, we use Heritage Healers or Environ in our facial & body treatments.

*Looking after your body is not something you can live without, it is a serious viable way to be the best you can be.*



ENVIRON FACIALS

Are you serious about your skin & looking for the ultimate non-surgical skin treatment? Environ products & treatments will slow & even reverse the effects of ageing & photoageing, address problematic skin & reduce scars & pigmentation.

*Environ Background*

Dr Des Fernandes, world renowned plastic surgeon, has researched & developed the Environ range based on fresh Vitamins A, C, E, and Beta Carotene as potent Anti-oxidants. The environment, & in particular our climate here in the South of New Zealand, depletes the levels of these vitamins in our skin & is one of the major causes of premature ageing.

The Environ treatments & homecare products stimulate growth of healthy skin cells, improve pigmentation & collagen/elastin production. Suitable for all skin types, & men & women. Treatments range from gentle peels to fresh vitamin A & C treatments.

*Inozyme® DF Machine*

The DF machine is at the forefront of scientific skin care. It combines two highly sophisticated scientific methods which provide 400 – 4000 times over normal penetration of vitamins into the skin. This technique is crucial because skin has a natural, waterproof barrier that hinders vitamin penetration. Environ facials using the Inozyme® DF Machine produce quicker & more effective results.

*Inozyme® DF Machine*

Add \$45 for 60min & \$60 for 90min to your chosen facial.

*Serum C-Quel Facial*

45 mins \$100

60 mins \$135

Hydrating & firming for all skin types. This advanced vitamin A & C formulation stimulates collagen production, perfect for a relaxing facial whilst providing the nourishment your skin needs to look & feel great.

*Environ Facial Sequence*

90 mins \$180

For a more intensive facial you are given a triple cleanse, a light TCA peel, followed with active Vitamin A & C gels.

*Teenage Option*

(for 18 & under) 45 mins \$75

To treat the problems teenage skins endure. It also provides a deep cleanse & hydration to keep skin healthy.

*Eye Treatment*

30 mins \$45 with DF \$80

Prevent & treat the visible signs of ageing in the eye contour, a serum for your concerns is applied, followed with a soothing mask treatment.

ADD ON TO ANY FACIAL (15 mins each)

LASH TINT \$34 BROW SHAPE \$28 TINT \$22

## HERITAGE HEALERS FACIALS

## HOLISTIC WILDFLOWER FACIAL TREATMENTS

Offer high performance treatments delivering a synergy of ancient healing wisdoms & modern skin science. Experience a unique wellness program that bridges the gap where Eastern practices meet Western. Your dominant Ayurvedic element of the day (Earth, Water, Fire or Air) will be identified, for a very personalized treatment. Vital healing native Australian Wildflower Essences, captured as the purest of organic ingredients, combined with Aromatherapy, & scientifically proven high performance actives work powerfully yet gently on even the most sensitive skins. Leave with a deep sense of inner balance, relaxation & wellbeing.

*Mini Flower* 30 mins \$75

When time is precious this wildflower pick me up facial is the answer to boost complexion & energy. A revitalizing & rejuvenating mini-treat that includes cleansing, exfoliation & hydration for all skin types.

*Wildflower Healing* 60 mins \$135

Indulge the skin & senses. High performance antioxidants & essential skin nutrients, in a soothing organic base of healing herbals & wildflowers, work to cleanse, hydrate & revitalize the skin.

*Purity Cleanse* 60 mins \$135

Reduces oiliness & balances the complexion. The deep cleansing properties of Kaolin and Bentonite clays are combined with cooling Witch Hazel, balancing Geranium & ground Wattle Husks to purify & decongest. Leaves pores refined & complexion smooth & clear.

SUPERCEUTICAL FACIALS - *Nature's answer to Botox!*

*Collagen Booster* 60 mins \$160

Feeling like a second skin, this super intense facial combines nutrient rich organics & healing wildflowers with a 100% saturation of pure collagen for a luxurious & replenishing skin boost. Moisturizes & regenerates, leaving the skin revived, totally hydrated & wrinkle free.

*Peptide Power* 60 mins \$175

Intensive Anti-ageing Treatment

This ultra-firming, wrinkle-minimizing power facial utilizes the latest high performance skincare science. A peel off mask treatment forms a unique skin care restoration system enhancing skin penetration by skin firming plant-derived peptides. Natural actives, Alginate & Blue Algae improve skin firmness, while Mulberry, Saxifrage, Grape Seed Extract & Vitamin C give the mask skin brightening & toning properties, giving an immediate improvement in the appearance of dynamic facial wrinkles.

*The Divine Goddess* 75 mins \$185

This natural beauty secret works like Botox to smooth dynamic wrinkles & banish fine lines. Start with a relaxing aromatic cleanse, followed by a cooling & soothing active massage mask, & protein rich Caviar or skin regenerating Vitamin C actives to brighten your complexion. To complete the transformation fine lines are then targeted with an intensive anti-ageing infusion of pure Collagen & Myoxinol – Nature's own wrinkle remover from the Hibiscus flower – while a gentle scalp massage soothes the inner soul.

## AROMATHERAPY BODY WRAPS

<i>Body Wraps</i>	60 mins	\$180
ADD ON BACK MASSAGE	90 mins	\$210
ADD ON FULL BODY MASSAGE	120 mins	\$260
ADD ON BACK MASSAGE & MINI FACIAL	120 mins	\$260

Choose your perfect Body Wrap to target your individual needs. All treatments begin with dry body brushing to stimulate detoxification by inducing gentle internal massage, while exfoliating & stimulating skin renewal that is super soft to the touch. A body clay is applied & while you are cocooned enjoying the pleasures of a heated thermal blanket allowing your mask to activate, tension will be relieved from your scalp with a relaxing massage. Before & after the mask, your body is treated to relaxing, draining or stimulating massage techniques, while applying intensive moisturizing creams & balms.

### *GREEN CLAY*

- detox, draining body mask

The absorbent properties of French Green Clay, with fennel, juniper berry & cypress or grapefruit, work in beauty treatments by drawing out impurities & toxins from the skin, toning & firming while stimulating circulation. This treatment is ideal for tissue repair, indigestion, & heartburn. Helps alleviate cellulite & promotes an improved immune system,

### *WHITE CLAY*

- aromatherapy nourishing mask

White Kaolin Clay, also known as China or White Clay, is the mildest of all clays. It helps stimulate circulation to the skin while gently exfoliating & cleansing. White Kaolin Clay does not draw oils from the skin & can be used on dry & sensitive skin types. The clay's mildly drying & disinfectant properties help heal existing blemishes & inflammations, while preventing new ones from forming & brings about a smooth, healthy glow.

## BODY EXFOLIATION & CLEANSE

*Exfoliating Body Scrub* 60 mins \$140

Sweep away all beauty sins of dryness & rough skin with this natural based body scrub. Instantly refines skin texture leaving a silky smooth re-energized & bright skin tone. Finished with a lavish saturation of creamy body butter.

ADD ON MASSAGE 1 hr 45 mins \$225

*Acne Back Treatment* 30 mins \$75

A correcting treatment for problematic skin. A gentle yet thorough deep cleanse, appropriate peel, with an Anti-oxidant rich preparation that will purify & heal.

## MASSAGES

Massage therapy is a necessary part of keeping your body in balance. It releases muscular tension & allows your body to move more freely, countering the effects of stress, anxiety or lack of rest. Even if it is your first massage we will make you feel completely comfortable.

### *Aromatherapy / Relax or Swedish*

30 mins \$70 / 45 mins \$90

60 mins \$125 / 90 mins \$170

*Deep Tissue* 60 mins \$130 / 90 mins \$180

*Hot Stone Massage* 90 mins \$190

### *Aromatherapy / Relax Massage*

Enjoy the aroma & sensations of quality essential oils as your therapist's trained fingers ease, soothe & relax your body, combining massage with acupressure.

### *Swedish Massage*

In need of some relaxation with therapeutic benefits? This classical European massage will relax you, improve circulation & ease sore & aching muscles. This is an ideal massage to have after enjoying many of the outdoor activities available in Queenstown.

### *Deep Tissue Massage*

This technique uses slow strokes with direct pressure or friction, applied with increasing pressure to release chronic patterns of muscular tension. Ideal for those accustomed to frequent massage & who are used to intense pressure on tight & sore muscles.

### *Hot Stone Massage*

Hot stones bathed in spicy aromatic oils are placed on key energy points of your body. The deep penetrating heat of the stones combined with massage techniques release muscular tension.

### *Pregnancy Massage*

Our pre-natal massage options assist in relieving the aches & tensions of the mother-to-be. Nurturing massage aids relaxation, benefits circulation & provides comfort during this exciting time.

### *Couples Massage*

Enjoy a massage of your choice with a friend, partner or family member in our special room for two.

## SPA PACKAGES

These Spa package suggestions blend the best combinations of our relaxing, rejuvenating & necessary treatments for your body. Feel free to create your own combinations.

*Revival*

1 hr \$140

If you only have one hour, a Mini Flower Facial & a 30 min back Massage is a great pick me up.

*Express Trio*

1 hr 30 mins \$170

Need to enjoy as much as possible in a short time? Enjoy a revitalizing Mini Flower Facial combined with an Express Manicure & Express Pedicure. Look & feel like new!

*Escape*

2 hrs \$245

For those with more time, enjoy a 60 min Environ advanced vitamin A & C formulation Facial & a 60 min full body Massage# of your choice. Our most popular spa package.

*Devotion*

2 hrs 30 mins \$ 325

By devoting time to your body & skin it will repay your body with feelings of vitality & energy. This combination of a stunning Body Wrap treatment incorporating an exfoliation, active body mask & moisturizing treatment, with a Mini Flower Facial, a 30 min back Massage & an Express Manicure or Pedicure, will ensure you leave feeling light & renewed.

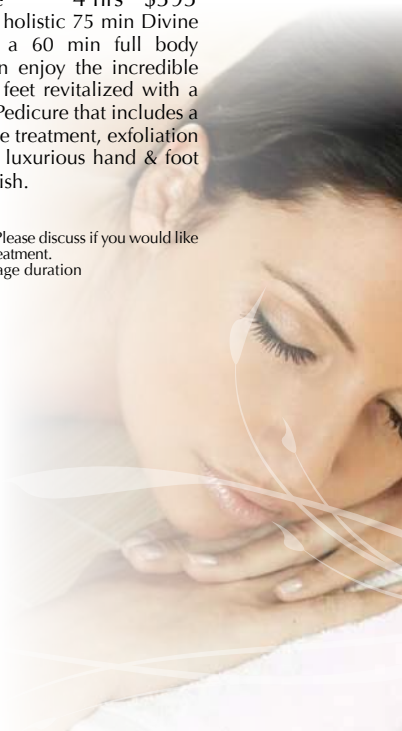
*Divine Goddess* Top to Toe

4 hrs \$395

Luxury from top to toe! Enjoy a holistic 75 min Divine Goddess Facial followed with a 60 min full body Massage# of your choice. Then enjoy the incredible feeling of having your hands & feet revitalized with a Deluxe Manicure & Deluxe Spa Pedicure that includes a foot & nail spa, nail shape, cuticle treatment, exfoliation & removal of rough skin, with a luxurious hand & foot massage, nail buff & polish to finish.

# Massages exclude hot stone treatments. Please discuss if you would like to include the hot stone massage in your treatment.

‡ Please allow +/- 15 mins for each package duration



## ASPECTS MEN

As we recognise the feminine, so too the masculine - after business, after sport, after anything.

*\*\*It is highly recommended that men shave immediately before visiting the salon for a facial.*

*Men's Spa Package* 2 hrs 15 mins \$295  
Enjoy a relaxing back massage, followed by an enhancing Environ advanced vitamin A & C formulation Facial, Men's Manicure & Pedicure. You will look & feel your best!

*Men's Cleansing Facial* 45 mins \$100  
A balancing, cleansing & hydrating treatment with Environ products which will improve the skin's tone & appearance for a long-lasting clear healthy skin. Dull, fatigued skin will look & feel revitalised.

*Men's Dynamic Facial* 60 mins \$125  
Soothe & hydrate skin that has been irritated by shaving, the environment & stress. Start with a deep cleanse & tone, exfoliation to remove dead skin cells, & relax with a face, neck & shoulder massage, plus a soothing & refreshing mask to tone, & moisturise to finish.

*Men's Remineralizing Body Wrap* 60 mins \$175  
Enjoy an invigorating body exfoliation, followed by a body massage before a full body mask is applied. You are then wrapped in a thermal blanket to activate the mask. This treatment will leave you feeling detoxified & revitalized.

*Men's Manicure* 30 mins \$45  
Mini Nail Groom: Includes nail shape, cuticle treatment & buff.

*Men's Pedicure* 45 mins \$70  
Includes nail & cuticle maintenance, exfoliation & rough skin removal, a tension busting massage & nail buff.

*Men's Waxing*  
Remove unwanted hair quickly.

Brow shape	15 mins	\$27
Underarm	15 mins	\$35
Arms – forearm	30 mins	\$50
Back	30 mins	\$60
Chest or Stomach	45 mins	\$60
Legs – full	60 mins	\$90

## MANICURES &amp; PEDICURES

Your hands & feet are probably the most used parts of your body, but they also often get neglected. Look & feel stunning after one of our manicures or pedicures.

## MANICURES

*Shape & Polish* 15 mins \$25  
Short on time? A quick polish removal, nail shaping & paint.

*Express Manicure* 30 mins \$50  
Give your nails a cool & refreshed look. Polish removal, Nail shaping, cuticle grooming & nail paint.

*Deluxe Manicure* 60 mins \$90  
Rejuvenate! Creates a refreshing therapy for overworked hands incorporating a polish removal, soak, nails shaping, cuticle grooming, pampering exfoliation, hand & arm massage, & finished with buff & polish of your choice.

*Paraffin Spa Manicure* 75 mins \$115  
Indulge & Pamper your hands with 'the works' of hand & nail care! A polish removal, soak, nail shaping, cuticle grooming, pampering exfoliation, hand & arm massage, nourishing mask & hands dipped into warm paraffin dip for sublime softness while also improving circulation. Finish with a buff & polish of your choice.

ADDITIONAL TO MANICURES OR PEDICURE  
\$15 charge / 15mins applies for French Polish

## PEDICURES

*Express Pedicure* 30 mins \$60  
Tight schedule? Want your feet to look fabulous fast? This pedicure includes a foot soak, exfoliation, buff & polish.

*Deluxe Spa Pedicure* 60 mins \$95  
Begin with a relaxing soak in an aromatic foot bath; feel the tiredness melt away with a foot scrub & exfoliation, rough skin removal, nails shaped, cuticles treated, an invigorating calf & foot massage followed by a foot mask application. Your pedicure is completed with a cuticle groom, nail buff & polish of your choice. Experience the benefit of improved circulation providing a new found energy.

\*\* Please remember to bring open toed shoes with you when you come for your pedicure.

## ESSENTIALS

We know that effort is needed to maintain the look you love, so we offer a full range of tinting, shaping, bleaching, waxing & tanning.

### *Eyes*

Eyes are the first focal point of the face. Colouring the eyelashes & eyebrow's frame the eyes beautifully.

Brow Tint	\$22
Brow Shape	\$28
Lash Tint	\$34
Brow Tint & Brow Shape	\$42
Lash Tint & Brow Shape	\$52
Brow Shape, Lash & Brow Tint	\$64

### *Waxing*

All waxing is finished with a soothing lotion. Enquire about our selection of homecare products.

Full leg	\$76
Half leg	\$48
Brazilian first treatment	\$80
Brazilian maintenance	\$66
Extended Bikini	\$49
Bikini	\$35
Forearm	\$40
Underarm	\$33
Lip or chin	\$22

### *Waxing Combinations*

Incorporate several maintenance treatments together to benefit from significant savings.

Full leg, bikini & underarm	\$130
1/2 leg, bikini & underarm	\$105
Full leg, bikini or underarm	\$100
1/2 leg, bikini or underarm	\$75
Bikini & underarm	\$61
Chin, lip & brow	\$64
Chin & lip	\$40
Brow & lip	\$45

*We do not recycle our wax.*

### *Vertical Tanning Booth*

Try our state of the art vertical tanning booth for quick & safe tanning. Accelerators, maximizers, bronzing & extending products are available for purchase to ensure you get the most out of your tanning sessions.

3 mins \$8 ≈ 6 mins \$12 ≈ 9 mins \$16

### *Concession Cards*

Available for 10 sessions – Enquire for seasonal specials

Aspects Day Spa recommends wearing eye protection with every tanning session. These are available for purchase. We are happy to keep your tanning goggles at the salon for you.

## SALON ETIQUETTE

Wear comfortable clothing & ideally refrain from bringing jewellery & valuables with you.

Our skilful practitioners will respect your privacy. Discreet draping adorns your body throughout treatments, providing you with warmth & honouring your personal space.

In consideration of others, we ask that all cellular phones & pagers be turned off.

To maintain a healthy, relaxing environment for all our clients, our salon has a no-smoking policy.

Management accepts no responsibility for the loss of money, or any damage or loss to any valuables brought onto salon premises.

## WHEN TO ARRIVE

We request your arrival 10 minutes prior to your appointment time to allow introductions, consultation & completion of your treatment questionnaire.

## WHAT IF I AM LATE

Arriving late will unfortunately limit the time allocated for your treatment, but will continue to incur the full treatment charge. It is as a courtesy to all our clientele, that all treatments are completed as scheduled.

## GIFT CERTIFICATES

Offer an Aspects Experience to friends, colleagues or family. All our treatments are available as Gift Voucher purchases. Vouchers can be packaged & delivered/dispatched to any address to meet your instructions.

## "FEEL FABULOUS" PACKAGES, WEDDING, CORPORATE & GROUP BOOKINGS

Whether it is just for you, for a corporate affair or a get together with friends, we can organise packages & special arrangements to suit. Custom designed packages, refreshment options, themed décor, hostess coordination, & transportation are particularly welcomed. A multinational team of therapists, masseuses, nail technicians, & hostess / management staff work together to produce a memorable occasion. Seven treatment rooms, including a couples room, along with a tanning room, 1 nail station & reception waiting area. Contact us to discuss your individual needs.

## RATES, PAYMENT & CANCELLATION POLICY

All rates are quoted in New Zealand dollars & are inclusive of Goods & Services Tax (GST). We accept Visa, Mastercard, American Express, Diners, Eftpos or Cash.

24 hour notice is required for us to reschedule your appointment, subject to availability. Any cancellation with less than 4 hours notice could incur a 50% cancellation fee. A full fee maybe imposed for a "no show".

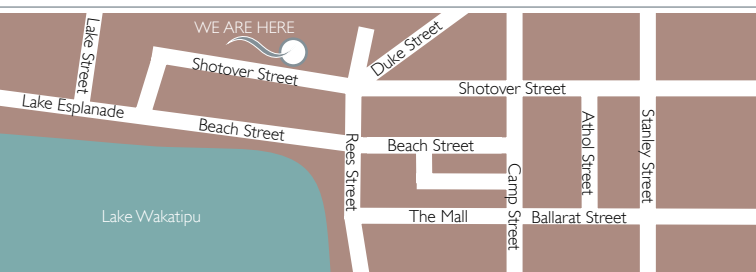
Prices & treatments effective November 2011 & may be subject to change.





# ASPECTS

## DAY SPA



### Opening Hours

Monday to Saturday 9.30am – 8.30pm\*

Sunday 10.30am – 8.30pm\*

\*(Hours may vary based on seasonal demand)

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